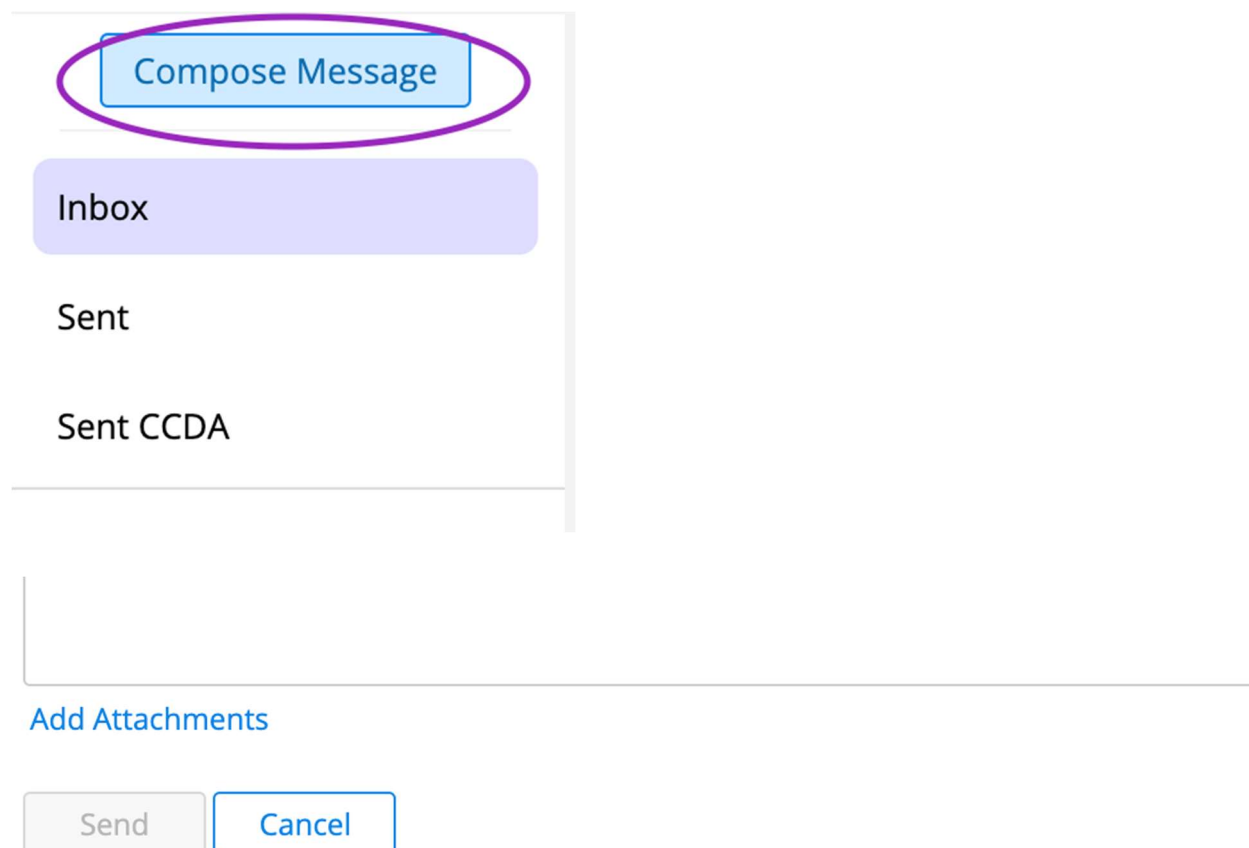# How does a Patient send attachments through the Patient Portal?

Preform the following steps:

1. Patient needs to navigate to the *Patient Portal Login (fgcent.ema.md)* and enter username and password.
2. Click on the **Messages** tab at the top of the screen.
3. Click on the **Compose Message** button on the left-hand side of the screen.
4. Click on the **Add Attachments** hyperlink and select the attachment you would like to send to the provider.
5. Click **Send.**